

Place with Grid Reference START	Direction of Bearing as Required	Distance in km	Time estimated	Height climbed metres	Extra Time Estimated	Time for Stops, Meals, etc	Time per Leg	Time at End of Leg	ROUTE INFORMATION	Escape in Emergency to:
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TOTALS FOR DAY									NOTES	
Supervisor's Name, Location, Phone									1 Use one Route Card for each day 2 See attached for Foul Weather Deviation plans 3 Plan to stop for rests and meals, probably at end of legs. Estimate times for these, exploring, etc and include in route card. 4 Escape Route - insert only those places to which an escape may be attempted from a hazard or emergency.	
Group Members		1	2		3					
4		5	6		7					